



中華傳道會劉永生中學

CNEC Lau Wing Sang Secondary School

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Newsletter
No.45

LAC Week : One World - One Love

How to make English learning more fun for our students?

How to equip our students to become good global citizens?

How to increase our students' exposure to the world?

With the goal of 'killing three birds with one stone', we organised our Language Across the Curriculum (LAC) Week. Themed "One World. One Love", we hosted a variety of fun and rewarding activities and events. To encourage students to join the activities, we made a passport for them to collect stamps upon the participation of activities.

One of the highlights of the week was the talk held by Mr Wilson Cheung, a polar explorer. He introduced different species and habitats of penguins. Around 180 students attended the virtual talk. It was truly illuminating and raised students' awareness of environmental protection, helping students to have new perspectives about the world.

Besides the sharing, we had a Spelling Competition and Tongue Twister Competition. Students actively participated in both of these competitions. Students are encouraged to express themselves in various writing activities, such as 'PENG-over to You now!', a type of pen-pal activity. On the final day of LAC week, there was an exciting game called "The Penguins' Problems". Students were all excited to answer the questions related to penguins, marking the end of our LAC Week.

Aside from all the participants, the English Ambassadors also benefited from LAC Week. They gained a lot of scientific knowledge. By taking a leading role in hosting various events and fostering a friendly English-speaking environment, they have become more confident.



Display of library books about penguins



Preparing for the Spelling Competition



Principal Mui joins students for the Penguins' Problems 'Melting Ice' game



Students working out the Tongue Twister



Sharing of Mr. Wilson Cheung - Polar Explorer



Students are inspired by Mr Cheung's sharing



The 'Melting Ice' game. Watch out!

LAC Week: Sharing of Students

Our LAC Week aimed to increase students' exposure to the issue of global warming. Students expressed their ideas in various creative writing. Some senior form students shared their views on the following topic,

'Global warming has threatened the survival of penguins, especially Emperor penguins and Adelie penguins, which live in the polar regions. Is it possible for the penguins to move to rainforests?'

Yes

4D Chu Tsz Yin, Abbie

Although penguins have been living in Antarctica, there is a possibility for them to change their habitat from the coldest place to rainforest areas.

In fact, some penguins can bear hotter temperatures of up to about 27°C because their short and rigid feathers can form an air trap. This way, penguins' skin can be separated from hot temperatures and prevent overheating of their body during summer months.

Therefore, thanks to this physical feature, penguins can probably survive under the strong sun and warm weather. Then, they can live in the rainforest happily ever after.

No

4D Kwok Chun Hin, Issac

Penguins cannot move to live in rainforests. Penguins eat krill, squids and fishes. Their diets vary slightly depending on their species. This reduces competition among species. They can't find the food they eat in rainforests. Moreover, different species thrive in different climates. While the Galapagos penguins are not restricted to the pack ice and waters of Antarctica, not all penguins can live in rainforests. Penguins have predators both on land and in the water. In the water, penguins may become prey to leopard seals, sea lions, sharks or killer whales. On land, penguins' chicks and eggs may be hunted by foxes and snakes, as well as introduced predators, like feral dogs and cats.

5A Lee Siu Hung, Eddie

Some penguins can move to rainforests. There are only five kinds of them that can live in warmer temperatures, such as the Galapagos Penguins that can survive in the incredible twenty-seven-degree Celsius heat. Because of the Humboldt and Cromwell currents, which are basically cold subsurface water streams that flow eastward close to the equator, it helps the penguins stay cool.

Other kinds of penguins cannot move to rainforests because of their short and rigid feathers, forming an air trap.

5C Kwan Chung Hang, Kelvin

It is not possible for penguins to move to rainforests. Even with the Humboldt and Cromwell currents to help penguins maintain their body temperature and consume food, these penguins won't be able to survive in rainforests due to the higher temperatures. The fact that there are predators in rainforests also means penguins won't be able to defend themselves against an attack. Moreover, the distance between the polar region and rainforests is very far and there is no way for penguins to move there by themselves.



We should protect penguins.



Bye penguins, are you moving to rainforests?

Our junior form students were encouraged to express their ideas through acrostic poems.

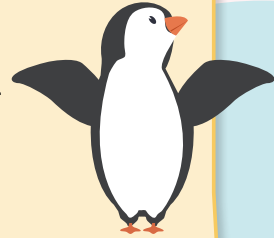
1A Gan Yuying

Penguins live in the South Pole. They
Eat fishes and squids. They
Never meet polar bears in reality. They
Gather together to keep warm in the snow.
Unlike humans, male penguins incubate their babies
In the land, they waddle when they walk. They
Never fly in the sky although they are birds. They
Swim in the ocean as fast as they can.



1D Li Yan Shek, Isaac

Penguins are in danger now,
Rolling down from the arctic ice.
Oh no! They are going to become extinct.
The penguins families will not survive.
Every penguin is trying to escape from global warming.
Citizens are still producing rubbish and polluting the sea.
Trash is made and fires are started.
Emergency! Calling from the earth.
All creatures will not live if this continues.
Rubbish can't be thrown out anymore.
The citizens have to stop doing it.
Hesitate no more, do it now!



1D Lam Ngai

Penguins have lots of different species
Emperor penguins are the largest species, which
Needs to eat fishes and squids to stay alive.
Groups of penguins huddle together to keep warm
Under the hot and bright sun, as the
Ice is melting quickly.
Now it is time to
Save the earth and save the penguins.



2C Cheng Yan Yi, Emily

Penguins are birds but they can't fly.
Emperors are the largest ones.
North Pole is not where you find them, you find them in the South.
Gifting rocks is their way of showing love.
Unlike polar bears, they are social animals.
Iceberg cliffs are where they push one another off from because
'Naughty' is the best word to describe them.

2B Wong Sze Ching, Angel

Penguins are a kind of bird.
Eating fish and squids as their diet.
Never met a polar bear in its life.
Great to look but not to keep
Under the feathers are plumules that keep them warm.
I really want one as a pet,
Nevertheless they are very cute.



3A Au Suet Laam

Penguins can't fly.
Emperor penguins glide on the ice on their belly,
Not afraid of coldness.
Gifting the enchanting pebble,
Unlike men who gift flowers.
It mainly lives in the Southern Hemisphere.
Not good at running.

3B Wong Ho Kiu, Daniel

Penguins are a type of bird.
Every penguin prefers to eat fish and squids.
No penguins like to live alone.
Good place for most of them to live is the South Pole.
Unlike human males who gift flowers to females, male penguins gift rocks.
I like penguins very much!
No one hates penguins.



Our English Ambassadors promoting English learning on campus.

Drama Performance “Gulliver’s Travel”

During the LAC Week this year, the English Drama Club performed an anti-war themed drama show named “Gulliver’s Travels”. It recounts the story of Lemuel Gulliver, a kind-hearted Englishman trained as a surgeon who takes to the seas, then meets people of a smaller size from two different countries, and brings peace to the two.



All the teachers and students gave the Drama Club members a big round of applause to show appreciation for their wonderful performance.

2D Lee Siu Hong, Wellis

In my opinion, I think the Drama Club is very fun and interesting. I was a backstage crew member. Although I did not participate in the acting, I helped with the sound control. I think being in the Drama Club can help us learn skills related to theatrical production, help us sharpen our English speaking skills and pronunciation and help us enlarge our social circle. This is a rare opportunity as we can seldom talk to people from different forms. As such, I would like to participate as an actor next time.

2D Shi Lai Man, Nika

I am so glad that I decided to join the English Drama Club this year. Having performed in the show, I think I have become more confident. I am not totally satisfied with my own performance, so I think I would like to improve the quality of my performance next time. Improving my acting skills could definitely improve my pronunciation and delivery too. This could help me become a more confident English speaker. If you also want to boost your confidence, join the Drama Club! Thank you, Mr Liam, Mr David and Ms Hui. I really appreciate how you pushed us to become better. I will miss our team.

2D Cai Shen Yi

Before I joined the Drama Club, I had thought that it would be a boring activity. Furthermore, I was not confident about my English speaking. After producing a show with all my friends and teachers, I realized that it could be really fun! We practised the interesting script every week and I met a lot of new friends. They are all really pleasant and approachable people. We worked hard together and tried to give the audience our best performance. We wanted it to be perfect. We really tried to showcase our talents and how much efforts we had made. Not only did it improve my English, but it also helped me become a more courageous and confident person. Now, I have enough confidence to use English to talk to teachers, such as my English teacher. I love the English Drama Club!

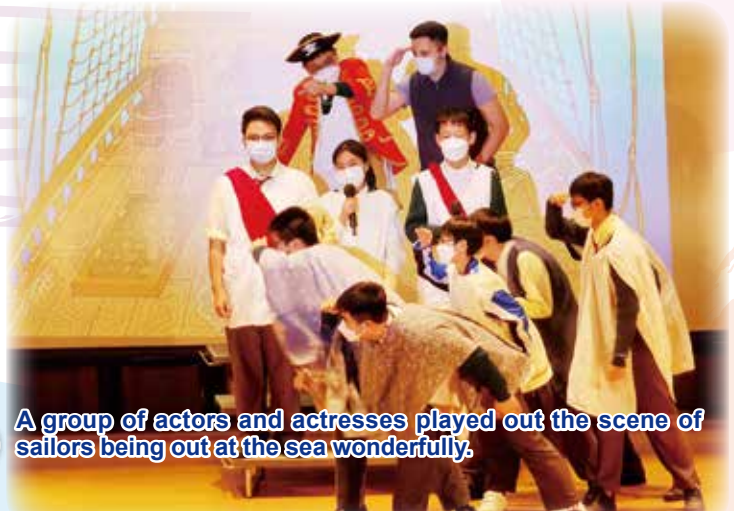
5A Leung Ho Fai, Edward

As a member of the Drama Club, I enjoyed communicating with people and having fun together. At the beginning, I thought acting on the stage would be awkward. During our practices, we played a series of interactive games and got to know each other better. Then, we started practicing regularly in order to get ready for the show. The plot of our play, the props and our costumes made the process of practising very entertaining as well. It could be rigorous and stressful at times, but the stress gave us motivation to push ourselves. Under stress, we could try to reach our potential. I really learned a lot through producing a show with a group of schoolmates from different forms on the stage.

One of our actors created vivid behavior for the role of the king in the play that brought the character to life.



All the actors and actresses had a lot of fun in this particular scene and throughout this experience, they made dozens of new friends across different forms.



A group of actors and actresses played out the scene of sailors being out at the sea wonderfully.

English Morning Assemblies

This year a total of 10 English Ambassadors have been selected to be the announcers for the English Morning Assemblies. With the aim of cultivating a positive, interactive and energetic English learning environment in our school, these talented students were committed to promoting different school activities in the English Morning Assemblies. The following are some sharing of our English Ambassadors and student audience.

2A Ng Hiu Ching, Zoe

Recalling my first participation in the English Morning Assembly, I was greatly charmed by the announcers on stage. The English Ambassadors looked confident and calm. I admire that they can speak English fluently and clearly. Their courage to speak in front of the whole school made me proud. More importantly, they have set a good example for me to strive for better English and personal goal. For example, after attending a few English Assemblies, I have found myself learning more vocabulary. Moreover, one of the most memorable speeches was the sharing about how to prioritize our time wisely. It was inspiring and engaging!

2A Yeung Lok Ching, Eunice

In the past, I used to think that understanding announcements in English was challenging as I struggled to understand the vocabulary. However, after attending the English Morning Assemblies a few times, I found that English announcements were not only easy to understand but the speeches made by the English Ambassadors were also very motivating! Whenever I hear the English ambassadors reporting, I admire their English ability very much. Thanks to the English Morning Assemblies, my listening skills have been significantly improved and so has my vocabulary!

3D Ng Hei Shun, Hazel

Being an announcer in the English Morning Assemblies has been an exhilarating and invaluable experience for me.

I remember the first time I was invited to be an announcer, I was extremely nervous. Unlike having a presentation in English lessons, I had to speak in front of all my schoolmates so I spent much time rehearsing my speech. I was excited during the practice but when I stood on the stage, I still found myself shaking. On that day, I announced the results of the English idiom competition and introduced a school activity about a honey workshop to our schoolmates. Fortunately, it went very smoothly!

Being an announcer helped boost my confidence and enhanced my adaptability to different scenarios. Also, I learnt the importance of projecting my voice clearly and maintaining eye contact with the audience. More importantly, it is crucial to be energetic and maintain a positive vibe on stage. This is how you can engage schoolmates more effectively. After being an announcer in the English Morning Assemblies, I realised my English speaking has greatly improved and I learnt how to speak with confidence in public.



Mr. Atcheston is doing a sharing on the first English Assembly of the school year.



English Ambassador reads out the announcement.



Mr. Atcheston shares his tips on learning English.

Beeswax Lip Balm Workshop

The Environment and Health Education Team partnered with Beetales, a local beekeeper in Yuen Long, and held a beeswax lip balm workshop on 22 November 2022. More than 40 students signed up for the workshop. Students learnt how to make lip balm with beeswax, almond oil, olive oil and other natural ingredients. After the workshop, they could take home the lip balm sticks to share with their loved ones.

5C Wu Tsz Tung, Cherrie

I was amazed by this workshop as the host taught us to make beeswax lip balm using a few simple steps and materials. I originally thought it would be complicated to use beeswax to make a lip balm, but the workshop changed my mind. It's really easy to make your own all-natural lip balm. It made me feel very accomplished. I also learned more about bees from the workshop. The host shared some knowledge about bees such as the body structure of bees and how bees make beeswax. It changed my perception of bees from being scared of the creature to admiring their hard work. In addition, this workshop reminds me to protect nature. Bees bring many benefits to nature such as helping to spread pollens. If there were no bees in the world, we could only live for four years. Unfortunately we have misunderstood bees so much that we just think they're scary. This has caused us not to pay attention to bee protection. Nowadays, the natural environment is being destroyed drastically by human activities. We have already destroyed the living environment of many animals, and some have even become extinct. All in all, protecting nature is very important, or else all living things on Earth will suffer.



Getting accurate measurement



Learning about bees



Sharing the joy of finishing the product



Heated and melted



Everyone enjoyed this educational workshop

氣候變化峰會 Climate Adaptation and Resilience Conference (CARE 2022)

4D李施蔚

有機會參加是次於香港科技大學舉行的氣象會議，我感到十分榮幸。平時只能在電視節目上看到政府主要官員的演說，今次卻能親身聆聽他們的演說，衷心欣賞各主要官員在應對全球氣溫變化下的合作和努力，最令我印象深刻的是，透過不同的數據，清楚知道現時香港全球暖化的嚴重原來是比想像中更迫切，因此各界都需要盡力配合減排，提高減排及節約能源的意識。

在減低碳排放方面，我認為其實最簡單並且市民都能夠做到的就是多乘坐公共交通工具，減少駕駛私家車，而我們學生就能夠減少長時間使用電器，以及盡力減少廢物產生。

這是我第一次參與國際盛會，實在令我眼界大開，希望能多參與類似活動。



同學向講者提問



同學很高興能出席這會議



老師學生大合照

4D Ho Lai Chun, Rex

Having attended CARE 2022, I had a better understanding about climate change. Due to human activities, which involve burning of fossil fuels like coal, oil and gas, climate change occurs. Greenhouse gases such as carbon dioxide and methane are emitted during the burning of fossil fuels. These gases cover the earth like a blanket, trapping the sun's heat and causing rising temperatures. Apart from the increase in temperature, climate change causes intense drought, water scarcity, severe fires, rising sea levels, flooding, melting polar ice, catastrophic storms and the declining biodiversity.

As the situation is rapidly deteriorating, I strongly believe we should address the issue as soon as possible. Firstly, I suggest we could walk or ride a bike to avoid carbon emissions from public transportation. Secondly, we can try to eat more locally-produced and organic food as it has been estimated that 13% of U.S. greenhouse gas emissions result from the production and transport of food. Transporting food requires petroleum-based fuels and many fertilizers are also fossil fuel-based. Thirdly, we can turn off lights we are not using when we leave rooms. Most electricity is generated by burning fossil fuels and it releases large amounts of carbon dioxide and greenhouse gases into the air. Those greenhouses gases will become trapped in our atmosphere, causing climate change.

Climate change is alarming. We're running of time. Let's work together to save the earth for our future.

本校與山東省淄博市臨淄區 第一中學締結姊妹學校

香港與內地在教育領域一直開展緊密的合作交流，教育局自2005年起致力推展「姊妹學校計劃」，多年來已為兩地學校建立了一個專業的教育交流平台。

2022年11月23日（三）梅校長和盧維中副校長代表學校出席「山東省淄博市與香港締結姊妹學校簽約儀式」，當日教育局局長蔡若蓮蒞臨主禮，見證香港31間中小學與山東省淄博市學校締結為姊妹學校，本校與淄博市臨淄區第一中學締結姊妹學校，未來將會進行交流活動。



梅校長和盧維中副校長出席簽約儀式



梅校長代表本校與淄博市臨淄區第一中學締結姊妹學校



演出歌曲 Try everything, 5A 劉家俊同學以木箱鼓伴奏



海外評審 Mr. David Fryling 在台上指導同學。

香港校際合唱節 HKICF

日期：2023年1月16日 時間：下午2:30-5:00 地點：荃灣大會堂

本校合唱團參加了香港校際合唱節2023舉辦的比賽暨大師班，當日更獲得來自海外及本地的音樂評審：Mr. David Fryling及陳少君女士的評語及指導。

是次比賽是合唱團在數年疫情以來第一次外出參與實體的賽事，不少同學都非常緊張，在每次的練習都非常認真及盡力，很感恩，結果叫人雀躍不已，記得同學聽到司儀宣佈金獎時的歡呼聲。

盼望這次小小的成績能夠鼓勵他們在合唱、或音樂的路上更進一步，成為願意為團隊去付出的一個，持守「贏咗自己」的心！



4D 蕭泳彤 (副團長)

經過今次比賽，我學習到等待比賽時要專心觀看其他組別的演出，從中學習其他隊伍做得優秀的地方，提醒自己的不足。比賽時需要保持微笑，不能在台上有任何小動作，無論台下發生什麼，都要全神貫注看著指揮。

1D 吳沛霖

其實一開始看到別人的比賽時很緊張，到了要上台的時候，老師就叫我們加油，讓我慢慢地有信心，雖然我們排除萬難地拿到金獎，但是最重要的；我們還是贏了我們自己！

3A 陳柏晴

一開始去的時候其實並不緊張，可是到了合唱的學校表演完畢，就開始越來越緊張，連身體也不自覺地發抖，一直以來我對上台都有恐懼，害怕出錯，害怕連累整個團隊。可是當我站到台上的時候，燈光都聚集在我們身上，我就覺得結果已經不要緊了，像韓芷瑩老師說的一樣：贏了自己就夠了！而合唱結束後，我萬萬沒想到會拿了金獎，實在很難以置信。希望我們接下來也要繼續努力練習，贏得更多獎項！！！！

3B 黃浩翹

今次比賽是我中學生涯第一次參與的現場賽事，每一間參與的學校水平都很高。今次我們喜出望外地奪得金獎，希望在下一次比賽時，劉永生合唱團可以唱得更好，再創佳績！

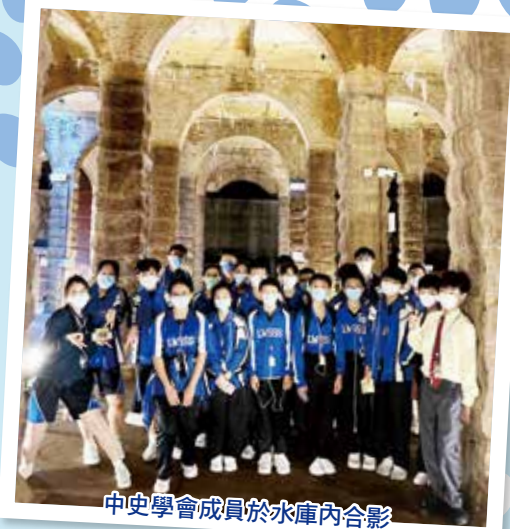


參觀前深水埗配水庫

2022年11月30日，中史學會成員參觀了超過百年歷史的前深水埗配水庫。當日，職員先講解香港的水庫歷史及這配水庫的獨特之處。同學們都用心聆聽，因為配水庫的發展少有聽聞，卻又與日常飲用水有關。

參觀地下水庫時，便看到別具特色的羅馬式拱門，職員細心講解天花板上的陰影、洞口等微小位置如何反映水位及政府疏導水流的運作。

這次參觀使同學們大開眼界，亦滿足了同學對舊建築的觀賞慾及求知慾，加深對香港史的知識。



中史學會成員於水庫內合影



同學們細心聆聽職員講解



同學們細心留意水庫不同位置

參觀故宮文化博物館

4D 許正鏞

日期：2022年12月8日

地點：故宮文化博物館

時間：2:15pm

我對「紫禁一日——清代宮廷生活」這個展廳最感興趣。

這世代的人親眼看到「龍袍」的機會少之又少，但這次踏進展覽廳不久，便看到一件乾隆帝的彩雲蝠壽字金龍紋男夾龍袍，相當華麗高貴！

這展廳亦展出了很多乾隆帝的物品，最令我驚嘆的是火鍋煲子，其表面有精細的花紋，並加以掐絲琺瑯工藝，色彩鮮艷。果然是皇帝，即使是平常不過的飲食用具亦如此講究！



公民教育大使及中史科同學合照



皇帝飲食用具



龍袍

走出校園： 中四及中五級公民及 社會發展科參觀

公民與社會發展科在2022年9至11月舉辦了多項香港考察活動。中四、五同學分別去了九龍公園、文物探知館、文化博物館及M+博物館考察。透過觀察、拍攝及回應問題，加深學生對公民科的香港、中國及全球課題的理解。



M+ 參觀

參觀文物探知館令更多普通市民都能夠更容易地認識有關香港甚至全世界的文化歷史，能夠開闊我們的眼界，學到更多課本以外的知識。

4A 李錦鏗

敦煌可以說是盛唐時期的美術館，並且見證了佛教傳入中國的歷史。博物館利用投影技術，將壁畫中的舞蹈呈現在屏幕中，讓觀賞者能感受敦煌時期的藝術舞姿，舉手投足融合了當時中原、西域及印度的舞蹈影子，集鳥，人，神，三者，見其形而聞其聲。有趣！

5A 陳雅柔



M+ 合照



文物探知館參觀



文化博物館參觀



文化博物館合照

聖誕節感恩崇拜及聯歡會

學校在假期開始前，舉行了聖誕節感恩崇拜及聯歡會，中華傳道會紅磡基督教會馬億嘉傳道分享聖誕節的意義，陳心源同學及楊慧明老師作感恩分享。崇拜後，是精彩的綜合表演，包括合唱團獻唱、管弦樂團、中樂團、手鐘隊的演奏，最後由弦樂小隊伴奏、校長及老師的大合唱。今年，還有抽獎活動，禮堂充滿了歡樂及笑聲。之後，各班舉行聯歡會，一同慶祝這普世歡騰的大日子。



聖誕節抽獎



合唱團獻唱



校長老師大合唱



管弦樂團演奏



馬億嘉傳道分享聖誕節的意義

閱讀講座

11月30日，本校有幸邀得前天文台台長岑智明先生擔任閱讀講座嘉賓。講座由本校地理科老師李宛澄老師以及兩名修讀地理科的同學潘芷恩和譚祖斌擔任主持，除了向岑先生請教天文及氣象方面的知識，亦訪問了岑先生在擔任台長期間的辛酸和點滴。岑先生特地預備了不少熱議的天文議題，例如「李氏力場」、如何決定懸掛幾號風球等等，話題令同學均深感興趣。岑先生在講座的尾聲鼓勵有志從事天文台工作的同學，可修讀物理及地理。岑先生亦慷慨贈出20本著作供參與閱讀活動的同學。



領袖生訓練營—— 每一顆正萌芽中的種子

活動名稱：領袖生訓練營

活動日期：2022年10月8日

活動地點：香港基督少年軍臻訓中心

活動目的：發掘各領袖生的領袖潛能，以及提升領袖生團隊的凝聚力

在疫情下，領袖生訓練日營終於能夠順利舉行，我們實在感恩不盡！

作為總領袖生長，我們眼見參與活動的各位積極投入其中。例如在進行定點遊戲時，組員們積極提出建議，務求在最短時間內完成最多的定點任務；在學習編造三腳架編結時，組員們彼此互相指導；當有組員願意走上三腳架時，各位亦表示支持並給予信心。凡此種種，都令我感動；這大概就是領袖精神吧！

領袖，全情投入，以小組的共同目標為己任；

領袖，以最大的信心、給予別人最大的鼓勵；

領袖，主動伸出援手，盡自己所能去幫助他人。

我們盼望參與活動的每位，朝着成為領袖的道路奮力邁進！

5B 湛芷盈 5D 楊詠瀛



各小組進行定點任務時的情況



完成定點任務



小組合照



各組員學習「三腳架編結」時的情況



大合照

關愛校園活動 —— 快閃 Pop-up Event

快閃Pop-up Event是輔導組今年的新辦活動。目標是透過即興有趣的活動，為校園營造歡樂氣氛，提升抗壓力，並且促進師生關係。打響頭炮的活動就是在早會進行了一場快閃送獎大抽獎。獎品非常特別和有趣，包括「梅校長請你飲珍珠奶茶」、「鄧浩文老師陪你學日文」、「陳玉娟老師同你耍太極」、「吳寧興老師車你返屋企」、「黃秀琪老師教你扮靚靚」和「陳國盛老師同你拗手瓜」。同學和老師聽到獎品後，全場即時興奮歡呼！最後，活動就在全校師生的歡笑聲中完結。期待下一次的快閃Pop-up Event再見！



吳寧興老師車你返屋企



梅校長請你飲珍珠奶茶



Pop-up Event 大抽獎

飛雁飛朋輩輔導計劃

本年度的飛雁飛朋輩輔導計劃終於回復正常了！我們在校舉行了多項活動，包括9月17日的朋輩輔導員訓練日營、10月7日朋輩輔導員訓練工作坊、10月11日的開幕禮、10月29日的中一挑戰營和12月的小組重聚日。今年的中一雁仔充滿活力，他們亦很投入所有活動。盼望在雁長的陪伴下，中一雁仔們可更積極投入校園生活。



開幕禮



朋輩輔導員訓練日營



中一挑戰日營

福音日營 — 尋寶途

隨著學校有序地復辦各項活動，柴灣堂與劉永生中學亦延續傳統舉辦福音營。因應防疫需要，只能在校內以日營形式進行，感恩有六十五位中一及中二同學報名參與，加上十多位師兄師姊帶領活動，氣氛十分熱鬧。

今年福音營的主題是「尋寶途」，希望同學在活動中，嘗試尋找天國福音的寶藏，透過各式各樣的遊戲，認識聖經的故事，同時加強同學之間的溝通和合作，以團隊的形式經驗信仰。遊戲後，由兩位劉永生中學的畢業生分享信仰，在學業、友誼和信仰中一起成長，並邀請同學接受耶穌成為生命的主，有十五位同學決志回應主。



同學合作「渡河」



集體遊戲



獲獎時刻



預備遊戲開始



初中班際詩歌歌唱比賽



福音茶座大合照

全校性福音活動

今個學期的全校性福音活動於福音周舉行，活動名為 "Impossible is Impossible!"

以下為其中一位Sparklers的分享：

很感恩第一年參加sparklers，就有幸被同組的導師邀請，能做全校性福音活動的統籌工作及「擔大旗」，主持活動中一個重要的環節。十分感謝各位老師及導師的信任，願意將整個活動中的「重頭戲」交給我這個超級新人負責，更要感謝神的引領及陪伴，使我能夠透過 'I'm Possible' 這個活動，宣告耶和華尼西，神是我的旌旗，倚靠神可以得勝。並且切身感受到因為神的存在，Impossible is Impossible在我身上發生。

5B 吳芷君

很高興可以再次參加本校的福音周，能再次和同學一起經歷神。福音周的重頭戲，一定少不了福音茶座。這次福音茶座，很高興可以與敬拜隊再一起事奉，敬拜神。在敬拜的時候，真的完全感受到神與我們同在。在詩歌《我要一生一世住在你聖殿》中的一句歌詞最感動我「從壓制裡，獲釋放你國要彰顯。我要一生一世住在你聖殿……」，原來大家同心去事奉的感染力真的很大——能讓未認識神的，認識祂；能讓迷失的，抓緊耶和華，我們的旌旗，真的很感恩。今次福音周的主題——耶和華尼西，再次提醒我，靠著神才能得勝，因為耶和華是我的旌旗。願我們懷著信心，捉緊神我們的旌旗，繼續去事奉，傳揚祂的福音。

3D 蔡雅銘



同學勇於挑戰難關，參與解難遊戲



同學於 Sparklers 活動終結時領禱



同學們於福音活動樂在其中



敬拜隊於福音茶座服事

中一入學資訊日及學習體驗日

12月3日（星期六）為本校「中一入學資訊日及學習體驗日」，活動包括於禮堂舉行兩節講座，為蒞臨本校之小六學生家長介紹本校的辦學理念及中一收生安排。而在同一時間，已預先報名的小六學生獲安排到指定課室參加英文、數學、科學、地理，及視覺藝術科的體驗課，讓他們初探中學生活。



科學科的 STREAM 體驗課——小六學生專心學習、老師和學生親善大使積極指導和協助

此外，於本校地下、禮堂、二至五樓的課室都設有各科、組的攤位、音樂表演、實驗展示或相關的小遊戲和活動。小六學生和家長在講座及體驗課後可以在校園自由參觀。老師與學生親善大使都積極向家長、小學生介紹各學科及學校的活動，讓他們深入認識本校的學與教成效及學生成長工作。

是次活動反應熱烈，吸引了差不多千名小六學生及家長前來參與。



中樂團精彩表演



弦樂小隊以美妙樂章歡迎來賓



學生親善大使積極向來賓介紹學校的學習活動



地下攤位——老師、學生、來賓都投入參與



參與中一入學資訊日全體師生歡樂慶功

中六惜別周會

時光飛逝、日月如梭，轉眼間，中六同學已經渡過了六年的校園時光。一如以往，由中六同學籌備的惜別周會，已於2023年1月18日舉行！

惜別周會的意義，在於提供一個場合予中六同學，去感謝教導了他們六年的老師們，由初中班主任至各高中選修科老師，同學們都由衷一一致謝。隨後，同學更會感謝一直在背後服務學校的校務處、工友和校長。中六同學分成了不同組別，分別預備不同的禮物及感謝辭予各科老師，相信老師們一定能感受到同學們的心意！

最重要的環節莫過於壓軸梅校長語重心長的訓勉，校長的講話除了為中六同學打氣，更指引他們日後的道路。

祝願同學們鵬程萬里、前程錦繡！



學生領袖就職典禮



本年度的學生領袖就職典禮於2022年10月17日順利完成。學生領袖團隊包括學生會、領袖生、環保領袖生、飛雁飛朋輩輔導員、課外活動幹事、圖書館組長、學習督導員和升輔大使。

當天，梅校長代表全校師生授章予各學生領袖，以表示全校師生對他們的信任和支持。宣誓儀式由台上的學生組長帶領一眾組員宣誓，立志效法基督的愛心和公義，扶助同學，服務學校，作同學的榜樣。

盼望一眾學生領袖在未來的日子竭力為同學服務，為主作鹽作光。



梅校長鼓勵各領袖勇於承擔責任



上年度總領袖長鄭紫滢同學分享作領袖的得著



學生領袖團隊老師帶領學生參與典禮



學生領袖宣誓



學生會內閣



領袖生團隊



一同戴上襟章

2022-2023 學生會

本年度學生會命名為Sirius（天狼星），天狼星是星際裏最光最熱的一顆恆星。我們選取這個名字的用意是希望我們能如同Sirius一樣在校內發光發熱，以用心服務同學為宗旨，與學生保持緊密聯繫，反映同學的意見、建議和需要，並就同學的意見與校方溝通。



學生會內閣介紹

我們是誰？

班別	姓名	職位
5A	李敏詩	主席
5D	黃雯靖	副主席
5A	陳匡	總務
5A	阮焯楠	文書
4B	王穎婷	司庫
4A	曾俊凱	活動
4D	梁斯浩	福利
5A	李兆鴻	福利
4D	張凱晴	宣傳



學生會舉辦棋藝比賽



與其他籌辦學校的同學大合照



聯校中六英文口試練習

捐血日

學生會Sirius於2023年1月13日在學校學生活動中心舉辦捐血日，是次活動有幸能邀請香港紅十字會到校，好讓同學初嘗捐血，身體力行去幫助社會上有需要的人。

當日同學反應非常熱烈，共有33位合格的高中學同學參與，老師也踴躍支持。希望下年可以在捐血日見到大家！



捐血後食餅補充體力



學生會宣傳



中六同學捐血

班際跳大繩比賽及班際乒乓球比賽

這次的班際跳大繩比賽於2022年12月1日在本校操場順利舉行。比賽前同學們都在努力地練習，並且在比賽當天盡力地展現他們的努力成果。

而班際乒乓球比賽則於2022年12月12日在本校禮堂進行，並於12月20日圓滿結束。同學們比賽時全力以赴，盡力地為自己及自己的班別爭取殊榮。

除了比賽和打氣支持的同學之外，背後還有一眾課外活動幹事和工作人員的努力，讓比賽得以順利進行。

5B 舒建璋



同學練習跳大繩



跳大繩比賽



同學與老師合照



同學為自己班打氣



同學到場支持及打氣



同學正進行激烈的比賽

陸運會

4B 葉梓彤

今年是自疫情以來第二次的陸運會，雖然天公不造美，卻打不倒同學們的爭勝心和自信。每位參賽同學都全力以赴，盡力為自己的班別取得亮眼成績，希望奪得班際全場冠軍。

在比賽場上發着耀眼光芒的同學固然吸引人目光，但在觀眾席上打氣的同學亦不容忽視。他們振奮人心的口號、熱烈的歡呼聲，均是運動健兒的強心針，增強了運動員的信心和勇氣，以最佳表現作賽。

比賽場的另一面，一眾課外活動幹事及工作人員都忙著協助老師處理各大小事務，為的是希望每項賽事都能按時順利完成。看到同學們燦爛的笑容，感受到大家都非常享受陸運會。

在此再次感謝陸運會每位老師及工作人員的付出，熱切期待下一學年的陸運會能更精彩。



同學參與跳遠比賽



同學拼命向終點衝線



啦啦隊比賽



校長祝賀獲獎同學



各班代表於開幕禮列隊





中華傳道會劉永生中學

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校訊
No.45

校長的話

有序復常

校園重現繽紛多樣



踏進2023年，經年肆虐的疫情終於緩和。3月的口罩令撤銷，大家真實的笑容亦重現面前。隨著一切「有序復常」，社會各界百業待興；回到校園的孩子，也重回昔日學習的軌道——拼命地追趕學習；盡情地投入活動。

記得12月初，學校復辦了「班際跳大繩比賽」，從各班落力訓練，至到各級真正比試的一刻，各人傾盡全力，眾志齊一，師生同樂，歡欣遍滿校園每一個角落；還有1月初舉行的「班際乒乓球比賽」，各班健兒雲集禮堂一決高下，在場吶喊打氣的歡呼聲此起彼落，氣氛熱烈。2月初英文科的LAC Week，以"One World One Love"為主題，以生動可愛的南極企鵝仔帶出具有意義的環保訊息，貫徹英文學習，活動繽紛多樣。

在一切都進入「復常」的狀態下，校園確實重現活力！今年的福音周主題為「耶和華尼西——神是我的旌旗」，活動同樣充實豐富，包括學生見證分享、初中班際詩歌比賽、午間福音攤位活動、全校佈道會，以及福音茶座，神將學生得救決志的人數大大地加給我們，當中見證祂成為我們生命的帥領者，也彰顯祂莫大的作為！

在上帝手中，恩典豐足，我們一點也沒有缺乏！在2022年「中學文憑試增值報告」中，「核心四科」及「核心五科」持續獲得高增值。疫情中，老師們堅守著教學的崗位，陪伴公開試同學闖過一關又一關，共證師生佳美的成果。另外，11月下旬至12月初，我們繼續為區內外的小六學生及家長，分別舉行「中學體驗課」及「中一入學資訊日及學習體驗日」，網上報名早已截止爆滿。活動透過不同場次分流的安排，合共約1000多位小六家長及同學踴躍前來參與，並對本校師生表達高度的讚賞。

近年，在社交平台興起一個潮語——「見字飲水」，在疫情中提醒各位多喝水補充水份，保持身體健康。「見字」是一個時刻的提醒，但願我們劉永生每一個孩子在2023年的「復常」中，也能做到

上課時不忘「見字坐直」；考測前不忘「見字溫習」；

逆境時毋忘「見字禱告」；生活中毋忘「見字感恩」。

主僕 梅志業校長

